

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	50.0	50.0	0	100
Marital Status	65.0	45.0	0	100
Education	12.5	2.5	8	16
Income	3500	1500	1000	8000
Health Status	75.0	25.0	50	100
Stress Level	60.0	20.0	40	80
Sleep Quality	70.0	15.0	50	90
Work Satisfaction	65.0	20.0	40	90
Life Satisfaction	75.0	25.0	50	100
Depression Score	15.0	10.0	0	30
Anxiety Score	20.0	15.0	0	40
Resilience Score	80.0	10.0	60	100
Optimism Score	70.0	15.0	50	90
Self-Esteem Score	65.0	10.0	40	80
Emotional Stability	75.0	15.0	50	90
Interpersonal Skills	60.0	10.0	40	80
Problem Solving	70.0	15.0	50	90
Decision Making	65.0	10.0	40	80
Goal Setting	75.0	15.0	50	90
Time Management	60.0	10.0	40	80
Stress Management	70.0	15.0	50	90
Work-Life Balance	65.0	10.0	40	80
Overall Well-being	75.0	15.0	50	90

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